IS IT "LAZINESS" OR EXECUTIVE FUNCTION WEAKNESS?



Children who appear lazy, defiant, or unmotivated often lack important self-management skills.



SYMPTOM

Refuses to do homework

REASON

Doesn't know how to get started

SKILL NEEDED

Initiation

Executive Function
Skills are teachable!
Students can learn:
Initiation
Organization
Time Management
Planning
Attention

SYMPTOM

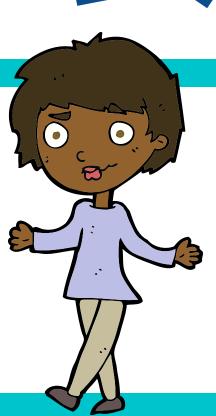
Forgets or loses materials

REASON

Doesn't have systems to keep track of papers, binders, and books

SKILL NEEDED

Organization



SYMPTOM

Runs late, passes in work past due date

REASON

Doesn't have strategies for being aware of time

SKILL NEEDED

Time Management

SYMPTOM

Procrastinates, then last minute panic

REASON

Doesn't know how to break tasks into chunks and sequence the work

SKILL NEEDED

Planning





SYMPTOM

Easily distracted

REASON

Doesn't have strategies to maintain focus and resist distractions

SKILL NEEDED

Attention